

7 月份課程時間表 (FAC 元朗店)
Class Schedule JUL (FAC Yuen Long)



Time/Date						01/07/2017, Sat	02/07/2017, Sun
07:00							
07:30							
08:00							
08:30							
09:00							
09:30							
10:00							
10:30							
11:00							
11:30							
12:00						**Muay Thai (LV2) 泰拳中級班 12:00 - 13:15	**Muay Thai (LV2) 泰拳中級班 12:00 - 13:15
12:30							
13:00							
13:30							
14:00						Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班
14:30							
15:00							
15:30							
16:00							
16:30							
17:00						Muay Thai (LV1) 泰拳初級班 17:15 - 18:15	Muay Thai (LV1) 泰拳初級班 17:15 - 18:15
17:30							
18:00							
18:30							
19:00						Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班
19:30							
20:00							
20:30							
21:00							
21:30							

備註：所有課程上課時間為一小時，(**) 課程除外
所有課程必須預約
電話：2478 9738

7 月份課程時間表 (FAC 元朗店)
Class Schedule JUL (FAC Yuen Long)



Time/Date	03/07/2017, Mon	04/07/2017, Tue	05/07/2017, Wed	06/07/2017, Thu	07/07/2017, Fri	08/07/2017, Sat	09/07/2017, Sun
07:00							
07:30							
08:00							
08:30							
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09:30							
10:00							
10:30							
11:00						Muay Thai (LV1) 泰拳初級班	
11:30							
12:00							**Muay Thai (LV2) 泰拳中級班 12:00 - 13:15
12:30						**Muay Thai (LV2) 泰拳中級班 12:30 - 13:45	
13:00							
13:30							
14:00							Muay Thai (LV1) 泰拳初級班
14:30							
15:00							
15:30							
16:00							
16:30							
17:00	Muay Thai (LV1) 泰拳初級班			Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班 17:15 - 18:15
17:30							
18:00					Fighting Tai Chi 搏擊太極 18:15 - 19:15		
18:30		Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班				
19:00	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Fighting Tai Chi 搏擊太極 19:15 - 20:15		Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班
19:30							
20:00			**Muay Thai (LV2) 泰拳中級班 20:15 - 21:30				
20:30	Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		
21:00							
21:30							

備註：所有課程上課時間為一小時，(**) 課程除外
所有課程必須預約
電話：2478 9738

7 月份課程時間表 (FAC 元朗店)
Class Schedule JUL (FAC Yuen Long)



Time/Date	10/07/2017, Mon	11/07/2017, Tue	12/07/2017, Wed	13/07/2017, Thu	14/07/2017, Fri	15/07/2017, Sat	16/07/2017, Sun
07:00							
07:30							
08:00							
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10:00							
10:30							
11:00						Muay Thai (LV1) 泰拳初級班	
11:30							
12:00							**Muay Thai (LV2) 泰拳中級班 12:00 - 13:15
12:30						**Muay Thai (LV2) 泰拳中級班 12:30 - 13:45	
13:00							
13:30							
14:00							Muay Thai (LV1) 泰拳初級班
14:30							
15:00							
15:30							
16:00							
16:30							
17:00	Muay Thai (LV1) 泰拳初級班			Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班 17:15 - 18:15
17:30							
18:00					Fighting Tai Chi 搏擊太極 18:15 - 19:15		
18:30		Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班				
19:00	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Fighting Tai Chi 搏擊太極 19:15 - 20:15		Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班
19:30							
20:00			**Muay Thai (LV2) 泰拳中級班 20:15 - 21:30				
20:30	Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		
21:00							
21:30							

備註：所有課程上課時間為一小時，(**) 課程除外
所有課程必須預約
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7 月份課程時間表 (FAC 元朗店)
Class Schedule JUL (FAC Yuen Long)



Time/Date	17/07/2017, Mon	18/07/2017, Tue	19/07/2017, Wed	20/07/2017, Thu	21/07/2017, Fri	22/07/2017, Sat	23/07/2017, Sun
07:00							
07:30							
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10:00							
10:30							
11:00						Muay Thai (LV1) 泰拳初級班	
11:30							
12:00							**Muay Thai (LV2) 泰拳中級班 12:00 - 13:15
12:30						**Muay Thai (LV2) 泰拳中級班 12:30 - 13:45	
13:00							
13:30							
14:00							Muay Thai (LV1) 泰拳初級班
14:30							
15:00							
15:30							
16:00							
16:30							
17:00	Muay Thai (LV1) 泰拳初級班			Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班 17:15 - 18:15
17:30							
18:00					Fighting Tai Chi 搏擊太極 18:15 - 19:15		
18:30		Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班				
19:00	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Fighting Tai Chi 搏擊太極 19:15 - 20:15		Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班
19:30							
20:00			**Muay Thai (LV2) 泰拳中級班 20:15 - 21:30				
20:30	Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		
21:00							
21:30							

備註：所有課程上課時間為一小時，(**) 課程除外

所有課程必須預約

電話：2478 9738

7 月份課程時間表 (FAC 元朗店)
Class Schedule JUL (FAC Yuen Long)



Time/Date	24/07/2017, Mon	25/07/2017, Tue	26/07/2017, Wed	27/07/2017, Thu	28/07/2017, Fri	29/07/2017, Sat	30/07/2017, Sun
07:00							
07:30							
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10:00							
10:30							
11:00						Muay Thai (LV1) 泰拳初級班	
11:30							
12:00							**Muay Thai (LV2) 泰拳中級班 12:00 - 13:15
12:30						**Muay Thai (LV2) 泰拳中級班 12:30 - 13:45	
13:00							
13:30							
14:00							Muay Thai (LV1) 泰拳初級班
14:30							
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17:00	Muay Thai (LV1) 泰拳初級班			Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班 17:15 - 18:15
17:30							
18:00					Fighting Tai Chi 搏擊太極 18:15 - 19:15		
18:30		Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班				
19:00	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Fighting Tai Chi 搏擊太極 19:15 - 20:15		Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15	Muay Thai (LV1) 泰拳初級班	Muay Thai (LV1) 泰拳初級班
19:30							
20:00			**Muay Thai (LV2) 泰拳中級班 20:15 - 21:30				
20:30	Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		Muay Thai (LV1) 泰拳初級班 20:45 - 21:45	Muay Thai (LV1) 泰拳初級班		
21:00							
21:30							

備註：所有課程上課時間為一小時，(**) 課程除外

所有課程必須預約

電話：2478 9738

Time/Date	31/07/2017, Mon					
07:00						
07:30						
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16:30						
17:00	Muay Thai (LV1) 泰拳初級班					
17:30						
18:00						
18:30						
19:00	Muay Thai (LV1) 泰拳初級班 19:15 - 20:15					
19:30						
20:00						
20:30	Muay Thai (LV1) 泰拳初級班 20:45 - 21:45					
21:00						
21:30						

備註：所有課程上課時間為一小時，(**) 課程除外
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